

# GILFORD PARKS AND RECREATION

## *"Fun For All Seasons!"*

### 2016-17 Fall and Winter Programs



**GILFORD PARKS AND RECREATION DEPARTMENT**

GILFORD TOWN HALL

47 CHERRY VALLEY ROAD

GILFORD, NH 03249

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Parks and Recreation Director

HERB GREENE

## **MAKERSPACE AFTER SCHOOL PROGRAM:**

We will once again be partnering with the Gilford Library and the Gilford Youth Center to offer a variety of after-school programs throughout the school year. Watch for registration forms with specific information throughout the school year!

## **FALL ADULT HIKING PROGRAMS**

These hikes are offered to any adult over the age of 18 who would like to get outside for some fresh air, fun and exercise.



**Sept. 14** – Whiteface, Gilford

**Sept. 21** – Locke’s Hill, Gilford

**Sept. 28** – Piper, Gilford

**Oct. 5** – Winnepesaukee River Trail, Tilton

If a hike is cancelled due to weather, all participants will be notified as soon as possible. Additional hikes may be added, weather permitting. You must RSVP with the Parks and Recreation office **at least one day prior to each trip**. There is a \$1.00 registration fee per hike. We will meet in the Gilford Town Hall Lobby at 9:00 a.m.

## **SENIOR STRIDES WEEKLY WALKING GROUP**

Every Wednesday from 9:00 – 10:00 a.m. we will offer a drop-in walking group program at the Gilford Youth Center beginning on October 12<sup>th</sup>. This program is geared towards senior adults looking to get out for some exercise. Participants can track their laps as they work towards a goal or simply stop in for a casual stroll while socializing with friends. Plenty of chairs will be available for participants to take breaks as needed. Coffee, tea and water will also be provided each week. Come join us for some good exercise and fun socialization! A \$2.00 weekly donation is suggested.

For more information, please call the Parks and Rec Office at 527-4722.

## **ANNUAL HALLOWEEN HAPPENING**



On **Friday, October 28<sup>th</sup>** from 5:30 – 7:30 PM, all Gilford Children in Grade 6 and younger are invited to attend our annual Halloween Happening Program at the Gilford Middle School. Children will have the opportunity to participate in a variety of Halloween themed games and activities including craft activities in the cafeteria (**only from 5:30-6:30pm**), our costume contest and the Halloween Jail! All children who attend are eligible to win great door prizes in our annual Monster Mash Raffle.



Volunteers are always needed and welcomed. If you are interested in volunteering, please call the Parks and Recreation Office at 527-4722.



**\* The Gilford Police Department has set Trick-or-Treating in Gilford for Monday, October 31<sup>st</sup> from 5:00 PM - 8:30 PM. During these hours, Belknap Mountain Road will be closed from Potter Hill Road to the Imagination Station Parking Lot at the GES. Public is encouraged to park at the schools via Alvah Wilson Road\***

## **BOSTON CELTICS BUS TRIP**



VS



Join us on **Wednesday, March 15<sup>th</sup>** on a trip to see Al Horford, Isaiah Thomas, Jaylen Brown and the Eastern Conference contending Boston Celtics take on Karl-Anthony Towns, Andrew Wiggins and the upstart Minnesota Timberwolves! Ride to Boston in comfort aboard a Coach Company charter bus, complete with TV/DVD and lavatory. There are a couple of cost options depending upon the location of the seat. \$137.00 for lower level Loge seats and \$92.00 for upper level balcony seats. These fees include the cost of your ticket to the game and transportation. All other expenses are your own responsibility. Any child ages 17 or under must be accompanied by an adult guardian. Space is limited, so sign up today! The Bus will depart the Gilford High School at 5:00 p.m. for a 7:30 p.m. game, with an approximate time of return of 12:00 a.m. Trip is limited to the first 26 participants to register. Please call the Parks and Recreation Office at 527-4722 for registration information.

## **COED ADULT VOLLEYBALL PROGRAM**



Open to men and women over age 18, this program will be held in the GMS Gymnasium on Tuesday evenings from 7:00 – 9:00 p.m., Sept. 27<sup>th</sup> - May 23<sup>rd</sup> (less any Tuesdays that there is a school function or Holiday). The program will be recreational in nature, and players of all abilities are welcome. A registration fee will be charged of \$2.00/person, per evening. Interested individuals can call the Parks and Recreation Department Office at 527-4722 or show up at the gym to register.

## **MENS PICK-UP BASKETBALL PROGRAM**



Open to all men over the age of 18, this program will be held in the GMS Gymnasium on Thursday evenings from 7:00 – 9:00 p.m., Oct. 13<sup>th</sup> – Nov. 17<sup>th</sup> (**No Program on Nov. 10<sup>th</sup>**). The program will be recreational in nature, and players of all abilities are welcome. A registration fee will be charged of \$2.00/person, per evening. Interested individuals can call the Parks and Recreation Department Office at 527-4722 or show up at the gym to register.

## **GILFORD YOUTH BASKETBALL PROGRAM**

Open to all Gilford students in grades 1 through 6. A registration night will be held on **Wednesday, October 26<sup>th</sup>** from 5:30 PM - 7:00 PM in the Parks and Recreation Office in the Gilford Town Hall. The Registration deadline for all participants is Wednesday, November 9<sup>th</sup>. The early registration fee is \$25.00 per child - after November 4<sup>th</sup> the fee will be \$35.00. Coaches, assistant coaches and referees are always needed and welcome!



For more information, please call the Parks and Recreation Office at 527-4722.

## **SANTA LAND (Co-Sponsored by the Gilford Youth Center!)**

This fun filled program offers area youth the opportunity to participate in some holiday themed games and activities leading up to having their picture taken with Santa Claus. Activities include a bounce house as well as holiday crafts. This program is scheduled for **Friday, December 2<sup>nd</sup>** from 5:00-7:30 p.m. and **Saturday, December 3<sup>rd</sup>** from 10:00 a.m. – 12:00 p.m. to be held at the Gilford Youth Center.



## **DOWNHILL SKI & SNOWBOARD PROGRAM**



Open to all Gilford students in grades K through 6. This program will take place at Gunstock Ski Area and will run on Tuesday evenings for 5 weeks from January 3<sup>rd</sup> through January 31<sup>st</sup>, 2017. Program will include a one hour group lesson as well as some free-ski/snowboard time each week. Participants will be broken up into lesson groups based on ability. Equipment rentals are available for an additional fee. All participants in grades K-2 must be accompanied by a chaperone for the duration of each evening. Registration

will begin on Friday, October 21<sup>st</sup>. **The Registration Deadline is Monday, November 14<sup>th</sup>!** This deadline will be strictly adhered to, so please register early.



### **Cost:**

<b>Lift Ticket and Lesson (Gr. K-2)</b>	<b>\$215.00/participant (includes chaperone lift ticket)</b>
<b>Lift Ticket and Lesson (Gr. 3-6)</b>	<b>\$135.00/participant</b>
<b>Rental Equipment</b>	<b>\$125.00/participant</b>

For more information, please call the Parks and Recreation Office at 527-4722.

## **X-COUNTRY SKI LESSONS**

Open to participants of all ages and a great opportunity for the whole family to enjoy the outdoors. This program will be offered for four consecutive Saturday mornings at Bolduc Park from January 7, 2017 through January 28, 2017 (in the event a day is cancelled because of poor weather, it will be made up the week(s) following January 28<sup>th</sup>).

Lessons begin at 10:00 a.m. and rental skis may be picked up at 9:00 a.m. at Piche's Ski Shop!

**Cost:** \$70.00 per person includes rental equipment!  
\$40.00 per person if you have your own equipment!  
Watch for registration information closer to the start of the program.



For more information, please call the Parks and Recreation Office at 527-4722.

## **WINTER SNOWSHOE HIKES**

**ADULT SNOWSHOE HIKES:** These hikes are offered to any adult over the age of 18 who would like to get outside for some fresh air, fun and exercise.



**FAMILY SNOWSHOE HIKES:** Bring your family and join us for a moonlight snowshoe hike that the whole family will enjoy! This hike is open to all ages, but those under the age of 18 must be accompanied by an adult guardian.



Hikes will be held throughout the winter season starting in January, depending upon weather conditions. If a hike is cancelled due to the weather, all registered participants will be notified as soon as possible and we may try to add them on at the end of the schedule. Limited snowshoes may be available upon request. There is a \$1.00 registration fee per hike or \$5.00 fee for the season. You must RSVP with the Parks and Recreation office **at least three days prior to each trip** to reserve your available equipment. Watch for more information closer to the start of the program.



## **WINTER CARNIVAL ACTIVITIES**

During the week of February School Vacation, a variety of activities will be offered for all ages. Included in these activities will be the **10<sup>th</sup> Annual Cardboard Box Sled Derby held mid-week**, where participants construct their cardboard box sleds in advance to race them against other competitors. Participants will be judged in a variety of areas including the fastest sled as well as the most creative design! These activities will be weather dependent. Please watch for more information closer to the program.



# GILFORD'S ARTHUR A. TILTON ICE RINK



Open daily from dawn – dusk, from late December through early March as conditions allow.  
Telephone: 293-0692.

## Daily skate schedule is as follows:



**Dawn – 10:00 am**

**10:00 am – 12:00 pm**

**12:00 pm – 3:30 pm**

**3:30 pm – Dusk**

**Open Skating**

**Stick and Puck (Ages 13 and Under)**

**Open Skating**

**Stick and Puck (Ages 14 and Up)**



Schedule is subject to change at the discretion of the Parks and Recreation Department.



**Ice Rink Rentals Available:** For information on rink rentals for private games/parties, please contact the Parks and Recreation Department at 527-4722

Please watch for information on special events and/or programs to be held at the Ice Rink through the winter season.

## ADULT CURLING

Curling is the sport of “sliding stones” down the ice in an attempt to get your “stones” closer to the target than your opponent. This program will begin in mid-January based upon ice conditions. Although this activity is held on the ice, participants do not wear ice skates. Participants should dress to be outside and should wear sneakers or boots.

This is a drop-in program which will be held on evening per week open to all individuals 18 years and older. All abilities are welcome. The cost is \$2.00/person, per evening and you may register at the rink on your first evening of play.



## VACATION FUN DAYS



Open to Gilford Students in grades 1-5, this program will be offered one day in each of February and April School Vacation weeks. This program will include a variety of activities including Arts and Crafts, Games in the Gym, and Field Trips. Lunch for the participants will also be included. Each Vacation Fun Day will have limited enrollment so remember to register early! Watch for more specific information closer to the program.

## **GILFORD SENIOR MOMENT-UM PROGRAM**

Come join our Gilford Senior Adult Group. Meetings are held most Mondays throughout the month, and a variety of activities and day trips are planned. Seniors of all ages and abilities are welcome to join!

The planned schedule for this fall is as follows:

**September 26<sup>th</sup> – Scrabble Game Day – Community Church**

**October 3<sup>rd</sup> – Mount Washington Cruise**

**October 17<sup>th</sup> – English Muffin Making with Grace – Community Church**

**October 24<sup>th</sup> – Hong Kong Lunch Buffet - Belmont**

**October 28<sup>th</sup> – Volunteer at Town Halloween Party – Gilford Middle School**

**October 31<sup>st</sup> – Halloween Bingo and Lunch – Community Church**

**November 17<sup>th</sup> – Dinner and Show: “A Secret Garden” – Gilford High School**



For more information about this friendly, social group, please call the Parks and Recreation Office at 527-4722.

**“If your Mother says no, go ask Grandma.”**

## **VOLUNTEERS**

Volunteers are always needed, year-round, for many of our programs and special events. If you would like to help, to give of your time and/or talents, or if you have any ideas or suggestions for programs you might like to see, please call the Parks and Recreation Department Office at 527-4722.

**Volunteers and ideas are always welcome!**

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## **Additional Recreation Programs Not Sponsored By the Parks and Rec.:**

### **GILFORD YOUTH SOFTBALL**

The Gilford Youth Softball Program holds registrations for their spring season each year at the Annual Francoeur/Babcock Memorial Basketball Tournament in March. For more information, please contact Melody Strout at [mstrout@metrocst.net](mailto:mstrout@metrocst.net) or at 630-8108.

### **CAL RIPKEN YOUTH BASEBALL**

The Gilford Cal Ripken Baseball League holds registrations for their spring season each year at the Annual Francoeur/Babcock Memorial Basketball Tournament in March. For more information, please visit their website at <http://www.gilfordbaseball.org/>

## **GILFORD PARKS AND RECREATION DEPARTMENT FACILITIES:**

**1. GILFORD BEACH** (13 acres) - located on Varney Point Road. 1800 feet of shorefront on Lake Winnepesaukee for use by all Town resident/taxpayers. The facility includes a concession stand, restroom/changing facilities, swim raft, basketball court, volleyball court, playground equipment, picnic area/cookout facilities, and parking.

**2. GILFORD VILLAGE FIELD** (28 acres) - located on Belknap Mountain Road. Facility includes four lighted tennis courts, a lighted basketball court, a soccer field, two baseball diamonds, dugouts, bleachers, playground equipment, picnic area, bandstand, and storage buildings.



**3. STONEWALL PARK** (9 acres) - located on Stone Road. Facility includes an enclosed baseball diamond and dugouts, bleachers, storage building, well, and parking.

**4. LINCOLN PARK** (1 acre) - located on Belknap Point Road. Facility includes scenic waterfront on Lake Winnepesaukee, picnic area, and parking.

**5. ARTHUR A. TILTON GILFORD ICE RINK** (3 acres) - located on Varney Point Road. Facility includes an outdoor covered ice skating rink with lights (approx. 220' x 110') with a dirt surface, storage building with a locker room, well, and parking.



**"We don't stop playing because we grow old. We grow old because we stop playing."**

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The Parks and Recreation Department constantly strives to provide and maintain high quality, year-round programs, activities, and facilities for people of all ages and abilities. We try to keep all program fees at an affordable level. Discounts and scholarships are available for most programs, in the hopes that no one will be denied participation in a program or activity due to an inability to pay any fee.