



THE HUB

Gilford Town Newsletter



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WELCOME TO THE MARCH ISSUE

Welcome to the March 2021 issue of The Hub, the town-wide newsletter for Gilford. In these pages, you'll find information from Town Hall, the Library, the Youth Center, Community Church, Public Works, and more community institutions.

We are always looking to feature important news and events, so if your group has something they'd like featured, please email us at gilfordlibrary@gmail.com by the 20th of the month and we will try to fit it in the next month's issue.

NEWS FROM TOWN HALL

ANNUAL REPORT

Please find the the 2020 Annual Report below.
[Annual Report](#)

DOG TAGS

The 2021 Dog Tags are now available. This notice is to remind all dog owners to renew their dogs' license by April 30, 2021. There is a "grace period" that allows you to come in up to June 1, 2021. After June 1, 2021 a \$1.00 a month penalty will be assessed as well as a delinquent list being forwarded to the Police

Department for a \$30.00 (per dog) civil forfeiture fine. Penalties and fines are charged according to NH State Law. No documents are needed to renew the dog unless the rabies certificate on file has expired. Dog licenses may be renewed online at www.gilfordnh.org, by mail by sending a check with the appropriate fee and a copy of the rabies (if needed). You may also register by coming to the Town Clerk – Tax Collector's Office
Monday – Friday 8:00 am – 4:30 pm or
Thursdays 8:00 am until 6:00 pm.

Please see attached document for license fees. If you no longer have the dog, please call the office at 527-4713 to remove your name from the list.

CALENDAR

Town and School Elections
3/9 @ Gilford Youth Center

Library Trustee Meeting
3/10, 10AM @ Library

Board of Selectmen
3/10, 7PM - @ GHS

Gunstock Acres Village Water
3/16, Zoom

Kimball Wildlife Forest Comm
3/18, 4PM @ Town Hall

Board of Selectman
3/24, 7PM @ Town Hall

TOWN NEWS ON YOUR TV

You can find recorded meetings, flyers for town events and programs, & information all on Lakes Region Public Access, which can be found locally on Atlantic Broadband Channels 24, 25, & 26 on the schedule below.

Mondays

5:00am - 4:30pm

Fridays

5:00am - 5:45 pm

Sundays

6pm-12 Midnight



**Lakes Region
Public Access**
community empowered by media



TOWN OF GILFORD, NH

MARCH 09, 2021

APPLICATION FOR OFFICIAL TOWN & SCHOOL DISTRICT ELECTION ABSENTEE BALLOT

To the Town Clerk of Gilford _____
print your name

hereby apply for an official absentee ballot.

Am a duly qualified voter and entitled to vote in the town of

your street name and address

Mail my absentee ballot to:

Signature: _____

Mailing Address: _____

City/Town, State & Country: _____

Mail or fax your signed application to:

Town of Gilford
Danielle LaFond, CNHTC
Town Clerk – Tax Collector
47 Cherry Valley Rd.
Gilford, NH 03249
Fax: (603) 527-4719

Questions:
Telephone: (603) 527-4713
Email: dlafond@gilfordnh.org

WHAT'S HAPPENING @ THE LIBRARY

As of March 1, the Library Trustees have voted to open our doors a little bit wider for the general public use. We're glad to announce our building capacity is doubling and we are now again allowing small groups of 10 and under to use our meeting room and other space around the library. Passport applications and notary services will resume March 1st by appointment and the After-School Teen Club will restart Wednesday afternoons as well. We're happy to see Geri-Fit coming back to the library as well as Story Time with Miss Jill in the Children's Room. We do ask with those programs that you register in advance so we do not run into an excessive head count issue. Thank you for your continued patience and support of your local library!

CHILDREN'S CORNER

Join Miss Maria for a fun virtual party in your pajamas on Wednesday, 3/31 at 7PM! Dance party, scavenger hunt, conversations, and a bedtime book to wind it down. Prizes awarded for best pjs, scavenger hunt, and dancing! Register [here](#).



*Preschool-2nd grade.

A LIBERTARIAN WALKS INTO A BEAR

AUTHOR TALK

WEDNESDAY, MARCH 24 AT 5:00PM



Author Matt Hongoltz-Hetling tells the story of how the residents of one town came into conflict with their neighbors: bears. In 2004, the Free Town Project launched a plan to take over Grafton, NH, and completely eliminate its government. This is sometimes funny, and sometimes terrifying tale of what happens when the wilderness and freedom collide. Sign up to join us on Zoom for this virtual program by calling the library or [clicking here](#).

SUBSCRIBE TO OUR WEEKLY NEWSLETTER

Want the latest information and want to know what's going on at the Gilford Public Library? Head over to our website and navigate to the bottom to sign up for our weekly email newsletter. We have the latest books and highlight some library staff favorites as well as a few fun facts and videos scattered throughout.

Building Hours

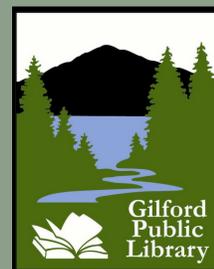
Monday - Friday 9AM-6PM

Saturday 10AM-2PM

Curbside Service

Monday-Friday 9AM-5PM

Need something to keep you busy while you watch the snow fall? The Gilford Library and the Friends of the Gilford Library have sponsored a new adult reading challenge for 2021! Adults can pick up a "Gilford Public Library Reading Challenge" leaflet at the front desk or [download](#) it and start working on it immediately. 21 categories need to be completed in 2021 to finish the challenge! When the challenge is finished, bring in your completed checklist and we will be awarding prizes for our finishers. We're here to help push you along in your reading resolutions!



**Gilford
Public
Library**

603.524.6042
GilfordLibrary.org

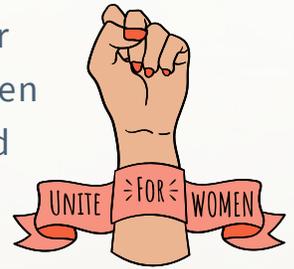
31 Potter
Hill Rd.
Gilford, NH
03249

WWW.GILFORDLIBRARY.ORG

WHAT'S HAPPENING @ THE LIBRARY

THE FIERCE FEMININE: ACTIVATING THE POWER WITHIN - MARCH 8TH, 2PM

March 8th is International Women's Day! What better way to honor the social, economic, cultural, and political achievements of women than to activate the POWER that lives within YOU. Join Lani Voivod Monday, March 8th for a fiercely feminine talk. On Facebook Live.



SNOWSHOE HIKE - MARCH 18TH, 1PM

Join Molly and Sue from Parks and Rec in the final days of winter for one last snowshoe hike & track identification of the season! We'll take a snowshoe hike through Ramblin Vewe Farm to soak up those last few snowy sights. Meet at the Boyd Hill Entrance for Ramblin' Vewe Farm.

Sign up required/byo snowshoes if possible. Limited snowshoes available to reserve courtesy of Gilford Parks & Rec.



Pending adequate trail conditions

ACRYLIC PAINT NIGHT W/KAYLEIGH & ARIELLE - MARCH 30TH, 5PM

Paint your own masterpiece with Kayleigh and Arielle. This month, we will be painting an ocean scene. Sign up to join us in person to paint a masterpiece. All supplies provided, limited to 10 in-person, but we will have 5 extra kits to follow along at home on Zoom.



CHILDREN'S EVENTS

Bilingual Storytime - Tuesday @ 10:30AM, 3/9, 3/16, 3/23, 3/30

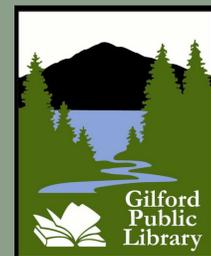
Mother Goose on The Loose - Thursday @ 10:30 AM, 3/11, 3/18, 3/25

Science @ Home - Wednesday, 3/10 & 3/24

Flamenco Fridays - @ 1pm 3/5, 3/12, 3/19, 3/26

ST PATRICK'S DAY TAKE AND MAKE

Celebrate with a craft sure to be loved for months to come. Pick up available on 3/17 for ages 2-10 while supplies last.



Gilford Public Library
603.524.6042
GilfordLibrary.org
31 Potter Hill Rd.
Gilford, NH 03249



NAVIGATING RECOVERY

of
THE LAKES REGION

603- 524-5939

info@navigatingrecovery.org

www.navigatingrecovery.org

102 Court Street Laconia NH 03246

M-F 9am-5pm & Sat 11am-3pm

Navigating Recovery offers crisis navigation and one-on-one support to anyone affected by or afflicted with Substance Use Disorder (family members included).

Starting Monday, February 22nd we will be open to the public. Masks, a COVID questionnaire, temperature checks, and social distancing are required. If you do not have a mask we will provide one for you. Group meetings will still be held via Zoom for the time being. Looking forward to seeing you in person again!

MOBILE MEALS

The Gilford Youth Center is excited to announce its new program designed to provide delicious meals to Seniors. Each week a tasty new meal is on the menu and available to pre-registered recipients for delivery. Lunches will be delivered on **Wednesdays between 11-12 pm.**

Lunches will be prepared and ready to heat! You must register to receive the meals. The deadline for registration for Mobile Meals is the **Monday** before Meal delivery.

How to Register/Order:

Register by calling the Gilford Community Church Office at 524-6057. Please leave your name, address & phone number. Orders must be placed by the preceding Monday.

Cost: **\$3.00** per meal. (payment is due upon delivery)



ATTENTION SENIORS

Community Action Program Belknap-Merrimack Counties, Inc.

Community Dining Takeout Option

We are offering grab and go meal options at your Senior Center on Monday and Thursday. Reservations requested.

You can receive a combination of frozen and shelf stable meals.

Come and get 1 or 5, it is up to you.

A \$2 donation is suggested for each meal

Please contact your local senior center for more details.

Alton-875-7102

Franklin(TRIP)-934-4151

Tilton-527-8291

Suncook-485-4254

Bradford-938-2104

Laconia-524-7689

Pittsfield-435-8482

Horseshoe Pond Place-228-6956

We are also in great need of substitute Meals on Wheels drivers.

For more information, call the Senior Center near you.



COMMUNITY ACTION PROGRAM
BELKNAP-MERRIMACK COUNTIES, INC.
EMPOWERING COMMUNITIES SINCE 1965





GILFORD SCHOOL DISTRICT

SAU 73

2 Belknap Mountain Road

Gilford, NH 03249

Phone 603-527-9215

| Fax 603-527-9216

<p>ALL SCHOLS No School March 10th</p> <p>PTA MEETING - GES March 9th, 6PM</p>
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PUBLIC HEARING

March 1, 2021 @ 6:00 p.m.

Gilford High School Library

The purpose of the public hearing is to discuss the acceptance of the Elementary and Secondary School Emergency Relief Fund II to reimburse COVID-19 related expenses.



SCHOOL BOARD MEETING

Immediately following the Public Hearing

March 1, 2021 @ 6:00 p.m.

Gilford High School Library



GILFORD CANDIDATE'S NIGHT

March 2, 2021 @ 6:00 p.m.

Gilford High School Auditorium

Gilford High School Student Council is cordially inviting community members to hear candidate platforms and ask questions at the Gilford "Meet the Candidates Night"

Masks will be required and social distancing will be observed.

The event will be livestreamed for viewing only. If you would like to submit a question, email candidates@sau73.org

Please click the link below to view the livestream:

<https://zoom.us/j/97791358049>

To access by phone, please dial 1-312 626 6799 Webinar ID: 977 9135 8049



THOMPSON-AMES HISTORICAL SOCIETY

thompsonameshistorical@gmail.com

gilfordfarmersmarket@gmail.com

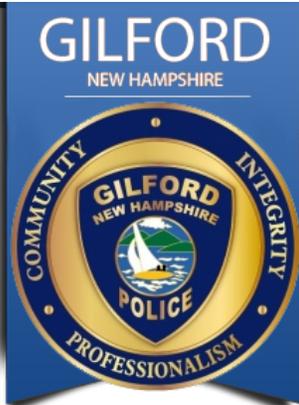
(603)387-8433 (Karin Landry)

The Board of Thompson-Ames Historical Society has unanimously agreed to take our shoes off and jump feet first into the process of organizing the 2021 Gilford Farmer's Market! Our hiatus has been long and dreary and we are looking forward to opportunities for socializing with friends and neighbors in ways that comply with Covid related guidelines.

Farmer's Market - Opening Day is scheduled for Saturday, June 26 on the grounds of the Benjamin Rowe House. If you are interested in joining the Market team as a volunteer at a Market or by getting involved in the organizational process, there are many ways for you to do so. We welcome suggestions and creativity, so please share yours!

Programs and Events - Do you have a piece of history in your backyard? Perhaps the remains of an old stone mill or other structure, a grave site, barn or vintage garden? We are brainstorming an informal "History in your Backyard" series and would love to have your ideas and input. Additionally, we will be organizing a few programs of historical interest over the course of the summer including our yearly collaboration with the Gilford Public Library.

The Thompson-Ames Board is comprised of a diverse group of individuals who have come together in an effort to preserve the Town's farming and cultural heritage as well as three historical museum buildings in the Village -- We invite you to join our team. You can contact us by email or telephone, or bring along a mask and join our next Board meeting, scheduled for March 12 at 10 a.m. at the Mt. Belknap Grange building, 8 Belknap Mountain Rd. in Gilford.



Each winter, we remind our followers of "Jessica's Law," which, since 2002, has legally required drivers to clean snow and ice off their vehicles before driving. Jessica Smith was tragically killed when ice from a tractor trailer flew off and struck a box truck, which then struck Jessica's car. The motor vehicle statute that Jessica's Law refers to is Negligent Driving (RSA 265:79b). Fines range from \$250-\$500 for a first offense and from \$500-\$1,000 for subsequent offenses. GPD officers are out and enforcing this law. PLEASE take the extra time following winter storms to clean vehicles COMPLETELY of snow and ice. As always, please also exercise safe driving while on the roadways.

This photo is from a recent incident where a vehicle was struck by flying ice in Gilford.



DOWN AND DIRTY WITH DPW

It's that time of year when New Hampshire Winter Olympics begin. You know, the infamous Pothole Slalom and Frost Heave Long Jump? It's a sure sign that spring is coming, which many of us are excited about but, it's also a sign that our roads are in a vulnerable state. As temperatures warm and the frost melts out of the ground, the subsoils under the pavement become saturated, soft and unstable causing the pavement and especially the shoulders to be susceptible to damage from heavy loads. Typically, in early to mid March Towns in New Hampshire will start posting weight limits on roads. We understand this is frustrating to contractors and companies who need to haul construction loads, equipment, trash, oil, propane, but there is solid reasoning behind it. By posting the weight restrictions on roads we can protect the pavement from unnecessary damage during a "fragile" time.

Posting of town and state roads is allowed by NH State Law RSA 231:190-191. Road Posting GILFORD LOAD LIMIT OF 10 TONS (OR 300 LBS/IN TIRE WIDTH) WILL BE IN EFFECT STARTING MONDAY MARCH 8TH DPW WILL MONITOR CONDITIONS AND LIFT THE WEIGHT LIMITS AS SOON AS ROADS DRY OUT AND IS PRACTICAL.

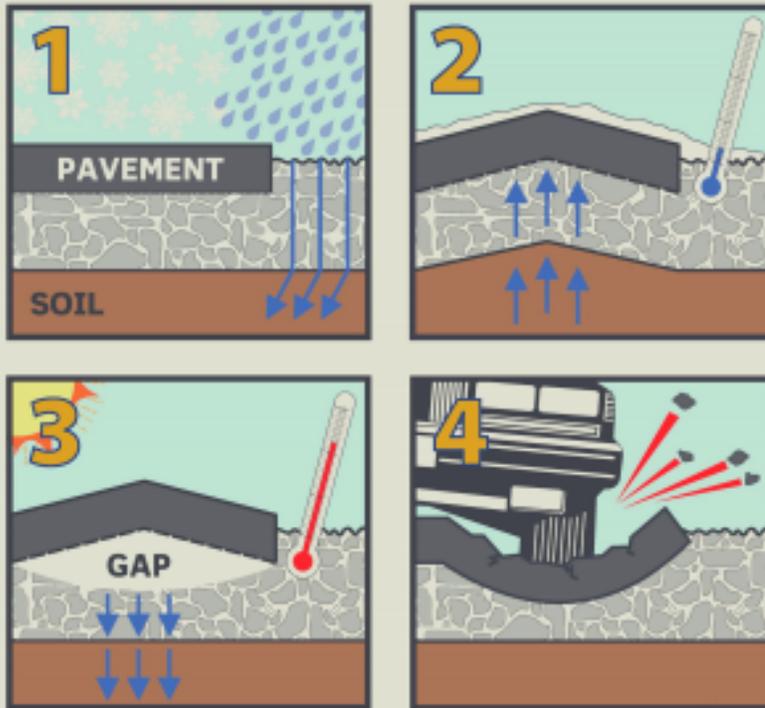
GILFORD PHONE DIRECTORY

Administrator	527-4700
Assessing Office	527-4704
Board of Selectmen	527-4700
Budget Committee	527-4700
Building Inspector	527-4727
Finance Department	527-4701
Fire Department	527-4758
Gunstock Acres Village Water District	293-8580
Health Officer	707-5860
Historic District	527-4727
Library	524-6042
Parks & Recreation	527-4722
Police -Business	527-4737
Emergency	528-3800/911
Planning & Land Use	527-4727
Public Works	527-4778
Solid Waste Center	527-4778
Town Clerk/ Tax Collector	527-4713
Welfare Office	527-4796



DOWN AND DIRTY WITH DPW

HOW POTHOLES FORM



**BEWARE
POTHOLES
CAN BE
DISGUISED AT
PUDDLES!
DON'T
BECOME
THEIR NEXT
VICTIM. CALL
GILFORD DPW
TODAY TO
REPAIR IT AT
527-4778.**

POTHOLE SAFETY TIPS

1 - PROPERLY INFLATE YOUR TIRES

They'll hold up better to potholes than tires with too little or too much air)

2 - YIELD DONT SLAM ON BRAKES

If you cannot avoid a pothole, slow down BEFORE you hit it. Don't brake directly over a pothole as that can cause more damage.

3 - HOLD STEERING WHEEL FIRM

When driving over the pothole hold the steering wheel firmly to avoid losing control.

4 - BEWARE OF PUDDLES

Use caution when driving over a puddle of water because it might be a pothole in hiding.



WINNAERO PLANS 2021 ACE ACADEMIES

The Board of WinnAero, the STEM educational non-profit based at the Laconia Airport, recently met to plan for the return of their popular summer ACE Academy day camps.

This summer's schedule will take place at the Airport in July, COVID restrictions permitting. Among the wide range of aviation/aerospace topics to be covered in various sessions are: rocketry, drones, flying procedures, flight safety, manufacturing, engineering, airborne search & rescue techniques, air traffic control, astronomy, spacecraft and space station design. The tentative schedule of the individual sessions are July 5-9, 12- 16 and 19-23. Age breakouts, times, registration information, tuition and main theme subject matter for each session are available on the WinnAero website; www.winnaero.org.

Families with more questions are encouraged to reach out to the WinnAero Educational Director, Dan Caron at dan.caron@winnaero.org.

COOKING MATTERS® AT HOME

Do you live in Belknap County? Are you parenting children?
If so, please sign up for a FREE online education series via Zoom.
Eight topics to choose from to help you with healthy eating in your home.

Contact Brenda Carey to schedule (weekdays or weekends)

brenda.carey@unh.edu

Call or Text: 630-8303

**Receive a \$10 Hannaford gift card for every class you attend.
(Income restrictions apply)**

Cooking Matters at Home has eight sessions that are 60 minutes in length.

**Cooking Matters at the Store is also available online as a 60-minute
session. All sessions can be offered on their own or as part of a series.**

**Kids Say Yes to Fruits & Veggies
Making Recipes Work for You
No More Mealtime Madness
Hack Your Snack
The Family Kitchen
Money-Saver Alert
Drink to Your Health
Feeding in the First Year
Cooking Matters at the Store**

If you qualify for SNAP, WIC, Medicaid, Housing Assistance, or other types of financial assistance, then you qualify to participate at no cost to you. Language assistance is available at no cost. For persons with disabilities requiring special accommodations, please contact Brenda Carey at 603-630-8303 within 7 days so proper consideration may be given to the request.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. USDA is an equal opportunity provider and employer. The preparation of this document was financed under a contract with the state of New Hampshire, Department of Health and Human Services. This material was funded by USDA's Supplemental Nutrition Assistance Program-SNAP. 1/2021



Extension
Nutrition Connections



COOKING MATTERS[®] AT HOME

Cooking Matters at Home has eight sessions that are 60 minutes in length. Cooking Matters at the Store is also available online as a 60-minute session. All sessions can be offered on their own or as part of a series.

Kids Say Yes to Fruits & Veggies

This session will discuss pros and cons of using different forms of fruits and vegetables, how to prepare meals and snacks that help kids eat more fruits and vegetables, and share ideas for helping kids enjoy more fruits and vegetables.

Making Recipes Work For You

This session will discuss how to substitute ingredients in recipes, practice using recipe frameworks, and share meal ideas that allow each family member to choose the toppings or ingredients that they enjoy.

No More Mealtime Madness



This session will introduce fundamentals of maintaining a basic pantry and discuss ways to involve kids in the meal planning to create more buy-in at mealtime.

Hack Your Snack

This session will share tips for saving time when buying and preparing healthy snacks, practice making healthy, homemade snacks, reading food labels, and identifying healthier choices when choosing prepackaged snacks, and practice comparing unit prices to save money.

The Family Kitchen



This session will prepare caregivers to work together with kids in their care to discuss safe, age-appropriate tasks for kids in the kitchen, practice preparing meals or snacks with child-friendly steps, and make healthy meals and snacks that everyone will enjoy.

Money-Saver Alerts



This session will discuss how to use everything that you have (or have access to), practice using 'hard to utilize' ingredients in a variety of recipes, and discuss how to save foods that you can't use right away and how to limit food waste with children while still introducing new foods.

Drink To Your Health

This session will discuss how sugary drinks impact health and describe how to make and taste a variety of healthy beverages at home.

Feeding in the First Year



This session will discuss infant feeding options including the safe introduction of solid foods, different food preparation methods that can be adapted for infants at different developmental stages, and practice preparing age-appropriate infant foods alongside recipes for the whole family.

Cooking Matters at the Store: Shopping on a Budget

This session will discuss how to buy fruits and vegetables on a budget, and practice comparing unit prices, reading food labels, and reading ingredient labels to find whole grains.

When can I get a **COVID-19 VACCINE** in NH?

Updated: 1/21/2021



PHASE 1B NOW OPEN

To register go to www.vaccines.nh.gov

DECEMBER - MARCH*

- People 65 and older
- Medically vulnerable people under 65 who are at significantly higher risk with 2 or more conditions
- Family caregivers of medically vulnerable persons under 16 years old
- Residents and staff of residential facilities for persons with intellectual and developmental disabilities
- Corrections officers and staff working in correctional facilities
- First responders and health workers not already vaccinated



PHASE 2

PHASE 2A
• K-12 school and childcare staff

PHASE 2B
• People 50-64 years old

MARCH - MAY*



PHASE 3

PHASE 3A
• Medically vulnerable people under 50 years old at moderately higher risk with 1 or more conditions

PHASE 3B
• Everyone else not already vaccinated

MAY and BEYOND*

Visit vaccines.nh.gov or call 2-1-1 for more information.

*Estimated time frame depends on vaccine doses allocated to NH from the federal government and vaccine uptake.



12131

EVICITION:

- HOW IT WORKS
- KNOW YOUR RIGHTS
- ASK FOR HELP



THE EVICTION NOTICE MUST BE IN WRITING.

YOU DON'T HAVE TO LEAVE WHEN YOU GET THE EVICTION NOTICE.



After the eviction expires, your landlord still must ask a judge's permission to evict you. This request is called a "landlord & tenant writ." The sheriff will bring the writ to your home. You do not have to move out when you get this.



DO YOU WANT TO FIGHT THE EVICTION? TELL THE COURT.

To do this you must "file an appearance" with the court. This is a simple one-page form the court should send you, or you can get it at the court. You MUST return the form to the court by the RETURN DAY on the first page of the landlord & tenant writ. You can hand deliver or mail the form to the court. Allow at least two days for delivery if you mail it.

COURT DATE

Once the court gets your "appearance form," it will send you a "notice of hearing." This will have the date and time of your hearing.



TALK TO THE JUDGE

At your hearing, tell the judge why you should not be evicted. If you need help with what to say, call legal aid at 1-800-639-5390 or apply online at nhlegalaid.org. Even if there is no legal defense against the eviction, you can ask the judge for up to 90 days to move.

WHAT IF YOU LOSE?

If the landlord wins, the judge will sign a "writ of possession." You do not have to leave until the sheriff brings this writ to your home.

THREE WAYS TO AVOID COVID-19 VACCINE SCAMS

If you get a call, text, email — or even someone knocking on your door — claiming they can get you early access to the COVID-19 vaccine, STOP. That's a scam.



Partnership for Public Health
Your Partner for A Safer and Healthier Community

For help, contact your #seniormedicarepatrol.
In New Hampshire - that's ServiceLink! 1-866-634-9412

Three Ways to Avoid COVID-19 Vaccine Scams

While vaccination details are getting worked out, here's what you can be sure of:

- You can't pay to put your name on a list to get the vaccine. **That's a scam.**
- You can't pay to get early access to the vaccine. **That's a scam.**
- Nobody legit will call about the vaccine and ask for your Social Security, bank account, or credit card number. **That's a scam.**

Ignore any vaccine offers that say different, or ask for personal or financial information.

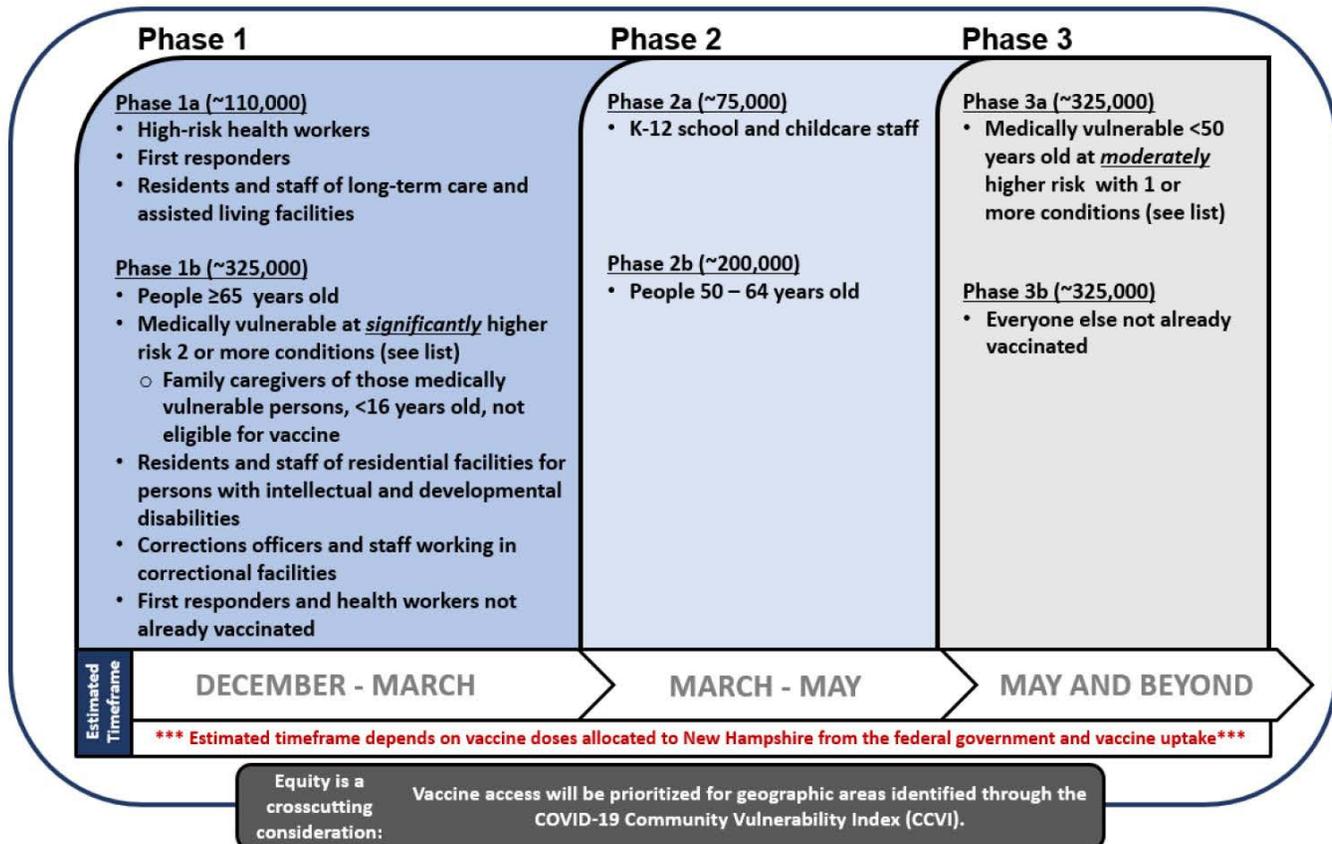
Learn more at

ftc.gov/coronavirus/scams

consumerresources.org/beware-coronavirus-scams



New Hampshire COVID-19 Vaccination Allocation Plan Summary January 16, 2021



List of Underlying Medical Conditions (adapted from [CDC](#)):

Phase 1b: Two or more conditions

Phase 3a: One or more conditions

- Cancer
- Chronic Kidney Disease
- COPD (Chronic Obstructive Pulmonary Disease) and other high-risk pulmonary disease
- Down Syndrome
- Heart Conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Immunocompromised states
- Obesity (body mass index of 30 kg/m or higher)
- Pregnancy
- Sickle cell disease
- Type 2 Diabetes Mellitus

Note: DPHS allows a health care provider to vaccinate any patient assessed to have significant risk for severe illness due to co-morbidities, even if not listed here. This list does not include every condition that might increase one's risk for developing severe illness from COVID-19, such as those for which evidence may be limited (e.g., rare conditions or combinations of conditions).